

<u>Collegians' Harriers</u> Club Championship Qualifying Events 2024

| Number | Race | Race Date | Location | (| Qualifying Distances | | | |
|--------|---|-----------|--------------------------|-----|----------------------|----|----|----|
| 1 | Ronnie Davel Memorial | 14-Jan | Hilton | | | | 16 | |
| 2 | Kearsney Striders Half Marathon | 21-Jan | Botha's Hill | | | 21 | | 10 |
| 3 | PDAC 25km | 28-Jan | Waterfall | | | 25 | | |
| 4 | Hillcrest Marathon incorporating the KZNA Marathon Championships | 11-Feb | Hillcrest | | 42 | 21 | | 10 |
| 5 | KZN Capital City Marathon | 25-Feb | РМВ | | 42 | 21 | | 10 |
| 6 | Best of the Best Marathon | 03-Mar | Durban | | 42 | 21 | | 10 |
| 7 | The Balwin Properties Marathon | 17-Mar | Durban | | 42 | 21 | | 10 |
| 8 | Durban City Marathon | 24-Mar | Durban | | 42 | 21 | | 10 |
| 9 | Arthur Cresswell Ultra Marathon | 07-Apr | Bergville / Ladysmith | 52 | | 21 | | 10 |
| 10 | Galleria Mall Challenge incorporating the KZNA Half Marathon Championships | 07-Apr | Amanzimtoti | | | 21 | | 10 |
| 11 | Table Mountain Trail Run | 14-Apr | РМВ | | | 19 | 12 | 7 |
| 12 | Rising Sun Chatsworth Freedom Marathon | 21-Apr | Chatsworth | 52 | | 25 | | 10 |
| 13 | Durban International Marathon incl SA Champs | 28-Apr | Durban | | 42 | | | 10 |
| 14 | Stella Royal with Discovery Vitality | 12-May | Durban | | | 25 | | 10 |
| 15 | Comrades Marathon | 09-Jun | Durban | 90 | | | | |
| 16 | Absa Run Your City Durban 10km | 07-Jul | Durban | | | | | 10 |
| 17 | Howick 10km Race | 14-Jul | Howick | | | | | 10 |
| 18 | Savages 21/10km Challenge | 28-Jul | Durban | | | 21 | | 10 |
| 19 | uMngeni River Run | 18-Aug | WESSA. Howick | 75 | 50 | 25 | 12 | |
| 20 | Forest 10km | 25-Aug | Waterfall | | | | | 10 |
| 21 | Park Lane Superspar Capital Climb | 01-Sep | РМВ | | | | 15 | |
| 22 | Queensburgh Mineshaft | 08-Sep | Queensburgh | | | | 15 | |
| 23 | Hilton College Trail Run | 08-Sep | РМВ | | | 21 | 12 | 7 |
| 24 | Msunduzi Half Marathon | 15-Sep | РМВ | | | 21 | | 10 |
| 25 | South Coast Marathon | 22-Sep | Margate | | 42 | 21 | | 10 |
| 26 | Karkloof 100 | 22-Sep | Karkloof | 160 | 80 | 48 | 32 | 16 |
| 27 | Bisley Trail Run | 12-Oct | РМВ | | | 18 | 10 | 5 |
| 28 | Goss & Balfe SapphireCoast Marathon | 27-Oct | Amanzimtoti | | 42 | 21 | | 10 |
| 29 | SA Home Loans Oldies 10km | 10-Nov | Durban | | | | | 10 |
| 30 | Save Orion Race | 17-Nov | РМВ | | | 21 | | 10 |



<u>Collegians' Harriers</u> Club Championship Rules for 2024

| Rules for 2024 | | | | | | | |
|----------------|--|--|--|--|--|--|--|
| 1 | The club champion will be runner with the most points accumulated in 8 races and the Herman's Delight 7.4 km course. | | | | | | |
| 2 | Men and Women will compete in separate logs. | | | | | | |
| 3 | Your points for each race is the overall winner's time (per Gender) divided by your time multiplied by 100. eg winner's time 1 hour, your time 2 hours = 50 Points earned | | | | | | |
| 4 | Should a runner compete in more than 8 events then the best 8 scores will count. | | | | | | |
| 5 | You must complete at least 5 races to qualify for a prize | | | | | | |
| 6 | You will earn bonus points for your result in the Herman's Delight 7.4km Time Trial in February and October, but this will not count towards your race attendance. | | | | | | |
| 7 | A runner's age category will be determined by their age as at at 1 July (not applicable to Juniors) | | | | | | |
| 8 | A runner may only score in one event where a race covers multiple distances. | | | | | | |
| 9 | Members will be eligible to score points once their subs are paid for 2024. Existing members have until 28 February to pay their club subscription. | | | | | | |
| 10 | Runs must be completed in Club Colours for points to be scored. | | | | | | |
| 11 | The onus lies with the runner to ensure that results are submitted timeously to the Championship Log co-ordinator | | | | | | |
| | | | | | | | |

12 The categories will be as follows: Open (<35 years), 35-39, 40-49, 50-59, 60+

| Distances | Count |
|--------------------------|-------|
| 10К | 21 |
| Irregular <21 | 9 |
| Half-Marathon | 14 |
| Irregular >21 | 5 |
| Standard Marathon | 8 |
| Ultra | 7 |
| 100 Miler | 1 |
| Total | 65 |
| Multiples | -35 |
| Total Race Opportunities | 30 |

